

Circle of Care

Horizon Hospice

BI - ANNUAL NEWSLETTER • SPRING / SUMMER 2003

From the President



A Bright Future for Research in Hospice and Palliative Care

By Michael E. Preodor, MD, FACP

While challenges remain in improving the overall quality and accessibility of end-of-life care throughout the country, Horizon has a proud 25-year tradition of adhering to the basic principles of hospice care established by England's Dame Cicely Saunders in the 1970's: manage pain and symptoms; consider the family the basic unit of care; use a team approach; involve volunteers; encourage open communication and discussion about serious illness and death.

In implementing these principles over the course of a quarter century, the hospice community has acquired a great deal of "how to" experience and knowledge about the delivery of quality end-of-life care. Leaders in our field are now developing new research tools for sharing our expertise and demonstrating the positive outcomes of hospice care across all disciplines. This is an exciting dimension of the future of hospice, and Horizon is already contributing to the effort.

Many of the traditional tools used for outcome results simply don't fit for hospice. For example, the efficacy of a new medication is typically measured by whether the drug keeps the death rate down — obviously, not something we can look at. It is also challenging to measure our success in reducing pain since there is no biological marker for pain, and we can only measure subjective changes in pain perception reported by individual patients.

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Chicago's First Hospice Turns 25!

Celebrating its 25th anniversary this year, Horizon Hospice stands out as a local model of excellence amid critical national reports of inadequate end-of-life care in the U.S. Horizon remains dedicated to core values of compassionate care for all, patient-centered treatment, strong physician support and outstanding professional education.

A Model of Excellence

The number of older Americans is rapidly rising, and aging "baby boomers" will no doubt want a say in the kind of care they receive at the end-of-life. Studies show most would choose to die at home, free of pain and surrounded by loved ones — not "hooked up to machines." Yet, end-of-life care throughout the U.S. is mediocre at best, according to a report released in November by Last Acts, a national coalition dedicated to improving care for the dying. The report shows a big gap between the most common vision of a "good death" and the realities of dying in America. While 70% of Americans prefer to spend their final days in the familiar surroundings of home, only 25% get their wish. Half of all nursing home residents have persistent pain, largely unnoticed or inadequately treated. And 28% of dying Medicare patients are treated in Intensive Care Units during the last six months of life, often with heavy technology at the expense of comfort and against their preferences. Alarming, Illinois got nearly failing grades on several critical measures of quality end-of-life care. Despite the grim overall picture, the report notes, there are "models of excellence."

In Chicago, Horizon Hospice has served as a model of excellence in end-of-life care for 25 years. In 1978, a small group of dedicated volunteers established Horizon as the city's very first hospice service. Since then, Horizon

has expanded from caring for one patient to about 600 to 700 a year, from a few volunteers to 100, from one part-time employee to a professional staff of 60. Yet, Horizon remains an independent, community-based, not-for-profit, urban hospice with deep commitments to providing compassionate care to the underserved, going beyond regulatory requirements to ensure comprehensive, patient-centered care — and teaching health care professionals how to deliver exemplary comfort care when curative treatment is no longer desired.



A Tradition of Service

Although Horizon has an office in Chicago's River West neighborhood, hospice care is delivered by a "traveling" team of physicians, nurses, social workers, chaplains, home health aides, bereavement counselors and volunteers. The team cares for most patients in their homes and contracts to provide care in nursing homes and hospitals, as well.

Most notably, Horizon responds 24/7 to the needs of terminally ill patients of every ethnic and religious background, every age and every disease — in every corner of the city and beyond, without regard to their ability to pay. Unlike most hospices, Horizon raises about 20% of its revenue through fundraising to cover the costs of caring for a large population of medically underserved patients and providing some uncompensated services.

Horizon staffers pride themselves in taking tough cases and delivering care in tough neighborhoods. When the AIDS epidemic struck, Horizon earned a reputation as a top-quality provider for patients dying an often agonizing death from the disease. When 22 other area hospices refused to care for a dying child because the case was so complicated and costly, Horizon stepped in and got the job done. When a patient

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Horizon Hospice

To provide comfort
for the dying and
to preserve dignity
at the end of life

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living in a drug house at the Rockwell Gardens project needed a physician visit, medical director Michael Marschke, MD, went on the mission accompanied by a Horizon-hired security cop. “We do whatever we have to do to be there for our patients,” Marschke says.

An extensive bereavement program provides follow-up grief counseling to patients’ families for a full 13 months after their loss — and professionally facilitated, free bereavement support groups are offered in the community. Through working with people from all walks of life, Horizon bereavement counselors have observed that cultural differences have a

profound effect on the mourning process, and they’ve learned to help the bereaved from all ethnic and religious backgrounds. This special knowledge is shared throughout the psychosocial professional community through bereavement conferences focused on cultural variations in grief. Bereavement coordinator Karen Horinek says, “Understanding different beliefs about death is critical for bereavement professionals. This knowledge base enables us to intervene in a way that helps rather than hurts.”

Strong Physician Leadership

Horizon always has a doctor in the house. Many hospices are run almost entirely by nurses who may have trouble tracking down a physician when a medical consultation is needed. Medicare requires a one-fourth time physician for every 40 patients. Horizon has two fully accessible staff physicians and a third doctor on contract for about 80-90 patients. President Michael Preodor, MD, and medical director Michael Marschke, MD, are both board-certified in Hospice and Palliative Medicine and dedicated to spreading the hospice philosophy among their colleagues in the medical field.

Barriers to hospice care cited in the Last Acts report include the lack of hospital-based palliative care consultation services and the small number of physicians who know what to do for patients when it’s time to abandon aggressive treatment and seek comfort care. Horizon’s doctors consult on pain management for in-patients through a palliative care service at St. Joseph Hospital, and Dr. Preodor recently began a formal consultation service at Mount Sinai Hospital. Dr. Preodor says, “Patients who are not cured of cancer should at least be promised to have their pain controlled, their wishes met about the type of care they want, and to have a delivery system in place for at-home care, if at all possible.”

Physicians-in-training from schools such as Northwestern University, the University of Illinois

at Chicago and the University of Chicago come to Horizon for instruction and hands-on experience in end-of-life care. Horizon also just trained 120 attending physicians through a series of end-of-life care programs at three community hospitals affiliated with the Cook County Bureau of Health Services. A far-reaching educational effort is on tap for this summer when the American Medical Student Association sends medical students from all over the country to Horizon. They’ll learn how


to create a palliative care and hospice rotation at their home medical schools. A master facilitator in the AMA-developed program — Education for Physicians on End-of-Life Care,

*“We do whatever we have to do
to be there for our patients.”
Dr. Michael Marschke,
Medical Director*

Dr. Preodor notes, “Physicians want to do what’s right. If they’re taught how to do this, and they do it well to the satisfaction of their patients and families and themselves, then everyone wins.”

Upcoming 25th Anniversary Events

Horizon Hospice has plans to celebrate its 25th anniversary all year long. Please join us for these exciting events:

- **25th Anniversary Benefit Celebration June 7th** — Hundreds of Horizon’s friends and supporters will gather Saturday night, June 7th, at Preston-Bradley Hall in the Chicago Cultural Center to honor founder Ada Addington and president Michael Preodor, MD. Join us for an evening of elegant dining, an exciting auction and wonderful entertainment by New York’s famed cabaret singer KT Sullivan and pianist Mark Nadler. Call the Development Department at (312) 733-2233 to reserve your tickets.
- **5K Remembrance Walk September 13th** — Join Horizon families on September 13th for a special day of outdoor fun and a chance to remember our loved ones who have died. Call the Bereavement Department at (312) 733-2233 to register.
- **Medical Conference November 4th** — Help us celebrate National Hospice Month! On Tuesday, November 4th, nationally known experts Dr. Kathleen Foley of Memorial Sloan Kettering Cancer Center and Dr. John Lantos of the University of Chicago will join us in reflecting on past accomplishments and future visions for the hospice and palliative care movement. The program includes afternoon workshops on practical challenges in end-of-life care for physicians, nurses and psychosocial professionals. Call the office at (312) 733-2233 for more information. 

Celebrating a 25-year Tradition of Volunteerism



Founding volunteer Ada Addington (right) enjoys a moment with very active board member Ellie Clarke and her husband, Charley, at the 25th Anniversary Volunteer Recognition Dinner held on April 24th at Marcello's restaurant. Ada was honored as the first volunteer. She was presented with a specially inscribed silver frame containing a picture of Horizon's first board of directors.

“For people in crisis

whose lives are

subject to so much

unpredictability,

it is essential to know

that they can count

on someone.”

Horizon Hospice

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Founding medical director and current president Michael Preodor, MD, begins the evening chatting with veteran volunteer and dedicated board member Martha Mabie. Martha helped establish Horizon's first volunteer recruitment and training program.



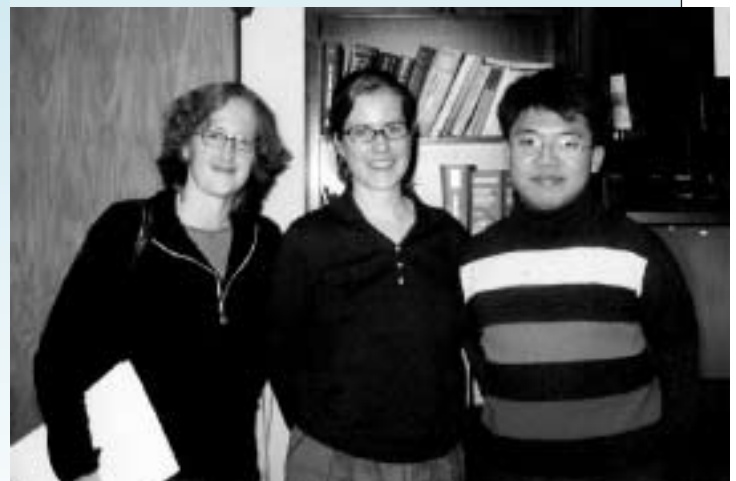
Bereavement volunteers Gabrielle Schubart (left) and Jane Curry both received certificates of appreciation for providing exceptional volunteer services to bereaved families during the past year. Gabrielle rose to the podium to thank the staff in return.



New volunteers Laurie Riggin (left) and Susan Crown take a brief break from one of their volunteer training sessions. About twice a year, volunteer coordinator Noel Gilligan organizes a five-session training course for Horizon volunteers. The course covers hospice history, philosophy and services; the roles of both volunteers and hospice nurses; spiritual care of the dying and their families; and bereavement counseling.



Ruth Ultmann (left), another award-winning volunteer who provides both office assistance and patient care visits, stands with longtime volunteer Ann Morris, development director Licia Chiazim and seasoned volunteer Al Cout.



Sara Wood-Prince (left), Michelle Dassinger and Evan Kang spend extra time in Horizon's conference room to talk over what they've been learning in volunteer training. Trainees are impressed with the thorough preparation they receive at Horizon.

New Clinical Director Joins Horizon Team



An expert in hospice management with more than 20 years of experience, Brenda Clarkson joined the Horizon team as clinical director in September, 2002. She's already making strides in improving our program.

“Horizon has a creative approach to meeting patients’ needs, rather than staying boxed in by what’s reimbursed.”

*Brenda Clarkson,
Clinical Director*

**To refer a patient:
Contact Liz Carney,
Admissions Coordinator,
at 312-733-8900 or
Lcarney@horizonhospice.org**

In September, 2002, Brenda Clarkson, RN, DN, RNT [England], joined Horizon’s management team as clinical director. She serves as administrator for the entire nursing staff, coordinates the activities of the interdisciplinary team, and helps oversee Horizon operations. An accomplished veteran of the hospice movement, Brenda immediately tackled major projects to ensure Horizon’s continued adherence to the highest standards of care. She is busy preparing the staff for an upcoming accreditation survey by the Joint Commission on Accreditation of Healthcare Organizations (JCAHO), as well as implementing the goal of developing smaller, more cohesive interdisciplinary teams.

Born and raised in England, Brenda graduated from a four-year RN program at the General Infirmary at Leeds, a graduate program where she trained as a nurse educator at the University of London, as well as a certificate program in education at Leeds. She first began questioning the quality of end-of-life care in the mid-1970’s. Working in an inner-city hospital on a women’s surgical floor as part of her graduate program, she often cared for elderly women with end-stage cancer and about three weeks to live — whether they had surgery or not. The women had two choices: to have surgery and stay on the ward or be sent to the “home for the incurables,” where they would receive little attention.

In 1979, Brenda moved with her family to the U.S. and accepted a post as a hospice nurse on the North Side of Pittsburgh in a not-for-profit, urban hospice similar to Horizon. She quickly advanced to Patient Care Manager, and subsequently held positions as Vice President of Hospice Services for a visiting nurses association and as a JCAHO surveyor. In Atlanta and in Richmond,

Va., Brenda established and administered new hospice programs. Ultimately, she developed her own hospice consulting firm to advise hospices and home health agencies on everything from improving organizational performance to preparing for surveys.

Brenda was also active in establishing professional standards and certification requirements for hospice nurses. She served as the first vice president of the Hospice and Palliative Care Nurses Association and the first president of the National Board for Certification of Hospice and Palliative Nurses. Becoming this country’s very first officially certified hospice nurse is among her proudest accomplishments.

When asked what attracted her to Horizon, Brenda replies, “Horizon has a creative approach to meeting patients’ needs, rather than staying boxed in by what’s reimbursed.” Medicare regulations require patients to have a six-month life expectancy and to abandon most aggressive treatments to qualify for hospice benefits. Brenda feels strongly that hospices must advocate for a broader understanding of end-of-life care so that the goal is always to simply meet the patients’ needs, rather than conform to narrow requirements to ensure reimbursement. She admires Horizon’s courage in taking the lead by continuing to “put patients first.”

The personal history Brenda is most fond of sharing is that she is the mother of triplets, and she’s seen the Beatles live (yes, the “boomer” era Yankees are impressed). She moved here to be near her daughter’s family and highly recommends hanging out with grandchildren as a terrifically fun and therapeutic experience. 🌿



We're growing!

Horizon needs more nurses to both handle an ever-increasing daily patient census and maintain Horizon's reputation for attentive care. Hospice nurses Kimberly McIntyre (left) and Evelyn Richardson joined the staff a few months ago and immediately started making a difference. Kimberly's father was a Horizon patient, and she wants to “give back” what Horizon gave to her family.

Patient Story...

Horizon Cares for a Special World War II Veteran

Yukio Kishi is a man of great determination. The 81-year-old Japanese-American was admitted to hospice care last fall with a terminal diagnosis of cancer. Since then, he's completely charmed all the team members caring for him and gradually shared the tale of his remarkable life.

Born in Stockton, Calif., "Yuki" was living in Monterey and serving in the American military when Pearl Harbor was bombed and the U.S. entered World War II in 1941. A few weeks later, his family lost their home simply because they were Japanese. His mother had died when the youngest child was born, but his father and siblings were sent to internment camps. Yuki went to an army camp in Missouri for a few months; the 27 Japanese-American soldiers were separated into a special barracks. In 1942, his father, brother and sister were sent to Arkansas for a few years. Yuki's oldest brother, Bobby, served in the U.S. Army's renowned 442nd. He was killed in combat and buried in Italy.

Undefeated by the prejudice heaped on him and his family, Yuki decided to try getting into radio operator school for the U.S. Air Force. Although his loyalty was questioned, he persevered and, ultimately, became one of only two Japanese-American men chosen to train with the U.S. Air Force during the war. His training took him to Illinois for radio operator school, to Florida for gunnery school and, finally, to Texas for B-17 flight training. He was then sent overseas as a Tech Sergeant. He remembers having "five stripes."

As a radio man, Yuki flew 30 B-17 combat missions over Germany with the 388th bomb

group, 8th Air Force. He still shivers when he describes flying at altitudes of about 20,000 feet, saying, "It was cold up there. Everyone had to wear a heated suit and an oxygen mask." The Germans would explode bombs in the air and the deadly scraps would shoot through the plane, making for some extremely close calls. Sometimes they had to fly through clouds when it was impossible to see anything — and some

[Yukio has] completely charmed all the team members caring for him and gradually shared the tale of his remarkable life.

of the small, older planes had to be started with a crank. It was a terrifying and challenging experience, but Yuki earned the respect of his compatriots in the bomb unit, as well as a bronze star and many other awards and medals. He loves to show the medals to visitors!

After the war, Yuki joined his surviving brother, Kaz, and their sister, Jeanne, in Chicago, where they had settled upon release from the camp in Arkansas. He worked at all sorts of jobs — driving a taxi, constructing trailer homes, building electric motors and working on Pullman cars. He is very handy and enjoys fixing things.

Late in life, Yuki married Toshie, a Japanese woman. They both love to fish. He and Toshie used to go ice fishing in Fox Lake and trout fishing in the local forest preserve. He smiles a lot when he talks about perch fishing in the summertime — and then cooking and eating the catch!

Since he got sick, Yuki has been blessed with good care from both Horizon staff and his young caregiver, Mary Agresto. Mary's parents have been neighbors and friends of the Kishis ever since she can remember. With her devotion and Horizon's expert hospice care, Yuki's condition has stabilized during the last few months — and he's had more time to tell us his story. We're honored to hear it. 🌸



Japanese-American Yukio Kishi gained the trust of the U.S. Air Force and earned the respect of his fellow servicemen as a Tech Sergeant in World War II. "Yuki" flew 30 missions over Germany and was honored with many medals.



Horizon patient Yukio Kishi (above, left) shares his story with social worker Linda North during a recent visit.

Horizon Takes the Lead in...

Offering Complementary and Alternative

Treatments: Along with Horizon's Complementary and Alternative Medicine (CAM) Committee, medical director Dr. Michael Marschke is establishing a new program to provide more treatment alternatives for our patients. When typical medical interventions prove insufficient, team members may now suggest an alternative therapy — such as massage, acupuncture, aromatherapy or healing touch — to help relieve physical symptoms or emotional distress. CAM nurse coordinator Colleen Doman, RN, arranges for the appropriate practitioner to provide the treatment. We've already documented a number of success stories. One patient's narcotic pain medication was reduced from a dosage of 425 micrograms to 25 micrograms without breakthrough pain after just a few sessions of healing touch with practitioner Catherine Willows, RN.

Training Medical Students: The American Medical Student Association (AMSA) is launching a new end-of-life education program by sending about 15 students from across the country to train at Horizon this summer. The seven-week summer session covering the basics of hospice and palliative care is funded by an AMSA grant. Along with local experts,

Horizon staff will teach the didactic sessions, and students will be divided into small groups for hands-on learning experiences. The most exciting feature of the plan is that students will return to their respective medical schools with a reproducible training program. Our clinical nurse educator, Lori Hedges, MS, NP, will organize the educational dimension of the program, while an AMSA coordinator will manage the logistics.

Respecting Cultural Diversity: How do we best instruct a Filipino caregiver, provide spiritual support to a Buddhist patient? What do Mexican Catholic families typically believe about death? Horizon launched a Cultural Diversity Training Project with the support of the Prince Charitable Trusts last year to make sure we learn the answers to such questions. Project director Carol S. Reese, M Div, ACSW, is working with Horizon's Education Committee and clinical educator on training initiatives to increase our knowledge about those from other races, religions and cultures.

Testing New Drugs: A New York-based pharmaceutical company chose Horizon as one of 22 research sites for a "phase III" nationwide clinical trial. The trial is designed to test the effectiveness of a new drug to treat constipation,

a common and persistent side effect of the pain medications used to treat hospice patients. Phase III means the drug has proved reasonably safe and effective in a relatively small number of patients, and it is now being tested in a larger group to determine whether it works better than the standard treatment. Eight to 12 Horizon patients will be enrolled in the double-blind study, which means neither the staff nor the patients will know whether study patients are getting the drug or a placebo.

Teaching Nurses: Horizon's clinical nurse educator Lori Hedges, MS, NP, is spearheading an effort to expand our nursing education program. Currently, both Rush University and University of Illinois at Chicago send nursing students to Horizon for half-day or one-day hospice instruction, and Horizon recently trained 84 staff nurses at all-day workshops conducted at Stroger (Cook County), Oak Forest and Provident Hospitals. Lori is now conducting a more in-depth program in which Horizon serves as a primary clinical site for a 10-week rotation for eight students. The program will cover the basic principles of hospice nursing and will require students to accompany Horizon team members on patient visits. 🌿

Horizon Staff Experts Speak at National Conferences

We're proud to report that several Horizon staff members have been asked to share their professional expertise with colleagues across the country at these national conferences:

Association of Death Education and Counseling

(ADEC): In March, about 400 professionals and researchers in the field of grief counseling gathered in Cincinnati for their association's annual conference. Horizon's bereavement coordinator, Karen Horinek, LCPC, presented a workshop on "Cultural Variations in the Grief Process" based on her department's 2001 bereavement conference. The focus was on effective clinical interventions in Jewish, African-American and Latino cultures. Karen's session was well-attended and received rave reviews. A CD of the 2001 bereavement conference proceedings are also available for purchase. Call the Bereavement Department at (312) 733-2233 to reserve one.

American College of Physicians (ACP): In April, the annual meeting of the ACP was held in San Diego with thousands of doctors of Internal Medicine in attendance. For the first time, workshop sessions included an "End-of-Life-Care Track," and both Dr. Preodor and Dr. Marschke played strong roles in enlightening their colleagues. Preodor's session on "The Truth About Morphine in End-of-Life Care" and Marschke's on "Pain Management for the Internist" were both packed. Preodor also helped facilitate a three-hour workshop on palliative care that was so over-booked that an extra 20 participants were squeezed into the session.

4th Joint Clinical Conference "Scaling the Peaks of Excellence in Hospice and Palliative Care"

Horizon admissions nurse Peggy Reth, RN, hospice nurse Miriam Aysa, RN, social worker Linda North, LCSW, and clinical nurse educator Lori Hedges, MS, NP, attended the fourth annual joint conference for hospice and

palliative care professionals in Denver April 10–12. Lori made a presentation on Horizon's educational program as part of a workshop called "Educating the Future Hospice Work Force: Current Experience, Practical Tips."

4th National Conference on Hospice and Palliative Care Volunteerism:

Horizon's volunteer coordinator Noel Gilligan, MPS, ACPE, will present a program at "Passionate Volunteers: New Horizons in End-of-Life Care," this year's volunteerism conference sponsored by the National Hospice and Palliative Care Organization (NHPCO). Noel's workshop will focus on role establishment, training, and support for volunteers who provide comfort care in an urban hospice. The conference is scheduled for August 2–4, 2003, in Columbus, Ohio. For more information, see NHPCO's Web site at www.nhpc.org. 🌿

Horizon Happenings



5K Remembrance Walk — Grieving friends and family members place photos and mementoes of their loved ones on a remembrance table at last fall's 5K walk and memorial event. This year, "A Walk in the Woods" is scheduled for September 13, 2003, at the Clayton F. Smith Preserve, Chicago. The Bereavement Department invites anyone who is mourning a death to take part in this upbeat event. Call the office for more information.

Bereavement Conference — Horizon staff in attendance at our last bereavement conference included bereavement coordinator Karen Horinek (left), chaplain Melissa Hart, and social workers Roxanne Dominis, Marge Everett and Beth Bollenbach. Psychosocial professionals from hospices throughout the Chicagoland area attended "Death in the Latino Family" to learn about typical cultural attitudes and family dynamics surrounding death in the Latino community.



Bereavement Conference — Dr. Sara Schwarzbaum (right) joins bereavement coordinator Karen Horinek at the entrance to the "Day of the Dead" exhibit at last fall's bereavement conference. Dr. Schwarzbaum is Assistant Professor of Marriage and Family Counseling at Northeastern Illinois University and a cross-cultural diversity consultant. Her presentation on "Death in the Latino Family" at the Mexican Fine Arts Center Museum was followed by the exhibit tour.



Rejuvenation Conference — Staff members enjoy a humorous moment when medical director Michael Marschke, MD, shares his group's future vision for Horizon at the "Rejuvenation Conference" held in fall, 2002. During the two-day event, staff and board members reflected on the organization's accomplishments, challenges and growth opportunities.



In-Service Training — New hospice nurses Evelyn Richardson (left) and Ann Towne review an educational display at Horizon's in-service program for clinical staff held in April. The training session covered critical procedures and policies, such as infection control, ethics, safety, use of restraints, and child and elder abuse.



Remembrance Service — A special table for candles and photographs of deceased patients is a regular feature of Horizon's ecumenical remembrance service. The families and friends of Horizon patients who have died in the last six months are invited to the semi-annual ritual. The next service will be held in the fall at Mercy Hospital, Chicago. Call the Bereavement Department for more information.



From the President

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In order to provide scientific validation of successful hospice and palliative care, we need standardized measurement methods for pain assessment, life closure issues, honoring a patient's wishes, resolving familial conflict, achieving spiritual peace and all of the truly wonderful human experiences that so often emerge from a "good death."

Cicely Saunders taught us that the pillars of palliative care include the obligation to look objectively at the science of our interventions. Through this rigorous process, both the true value of our work and the basis for better care can be established. The American Academy of Hospice and Palliative Medicine, as well as other lead organizations, are now actively working to further these goals by developing outcome measures that are specific to end-of-life care.

Horizon is embarking on two projects that will ultimately contribute to the growing body of research data on caring well for the dying. We are participating in a pharmaceutical company's nationwide clinical trial to measure the efficacy of a new medication for constipation, a common and often chronic side effect of the opioid

medications usually prescribed for pain in the terminally ill. And our new Complementary and Alternative Medicine program includes before and after pain assessments for patients who are offered a wide variety of treatments such as massage, healing touch and aromatherapy. While results are already overwhelmingly positive, we hope to refine our assessment tools to more accurately evaluate the effects of these treatments as the program progresses.

The development of research tools that "fit" is a sure sign that hospice care is maturing — as a public service and a professional specialty.

We have much to celebrate at this 25-year mark!



Michael E. Preodor, MD, FACP
President

How You Can Help

A 25th Anniversary Gift

Consider making a special 25th anniversary gift — in honor of founder Ada Addington, president Michael Preodor, MD, or one of our many dedicated board members. If you wish to designate your gift for a particular program, consider these funding needs: Care for Indigent and Uninsured Patients; Unreimbursed Services; Physician Education; Complementary Therapies; Bereavement Counseling; Care for AIDS patients or children.

Memorial and Tribute Gifts

Honor the memory of someone special or celebrate milestones, such as birthdays, weddings, anniversaries and graduations with a gift that brings life to the dying.

Planned Gifts

A bequest is a wonderful way to ensure that high quality end-of-life care continues into the future. Remember to review your will and estate plan whenever these life changes occur: marriage, divorce, or spouse's death; birth or adoption of a child; a beneficiary's changed status; moving to another state; changes in your assets; retirement; tax law changes.

For more information on giving opportunities, contact Licia Chiazim, development director, at (312) 733-2233 or lchiazim@horizonhospice.org.

GIVING

PROVIDING A CIRCLE OF CARE



SPRING/SUMMER 2003

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