

Horizon Hospice & Palliative Care

2010 Annual Report

Providing a Circle of Care since 1978

2010 Annual Report

Message from the Chairman and the President

Introducing the Ada F. Addington Inpatient Hospice Unit!

Many wonderful things happened at Horizon in 2010, but the biggest news was the selection of Horizon Hospice and Palliative Care to build and operate a 13-bed inpatient hospice unit at the Johnston R. Bowman Health Center on the Rush University Medical Center (RUMC) campus.

RUMC chose Horizon to create the unit after a competitive process. The facility, named after Horizon founder, Ada F. Addington, will be the first Medicare-certified inpatient unit in a major Chicago teaching hospital. Horizon will lease space from RUMC and be responsible for hiring staff, patient admissions and care, administration and other operations. We will accept patients from area hospitals, long-term care facilities and in-home hospice programs.

This collaborative endeavor will fill a documented need for additional inpatient hospice beds in Chicago. Although Horizon cares for most patients in the home, there are times when pain and symptoms become hard to manage outside of the acute care setting. Patients, in these cases, require constant monitoring and skilled intervention to regain comfort. The inpatient unit will provide a safe, reassuring "home away from home" for both patients and families and be an important part of Horizon's clinical training program. And finally, the inpatient unit will complement our home-based services and enhance our Circle of Care by providing continuous quality care to our patients.

We invite every friend of Horizon to help us raise the funds necessary to remodel the unit into a comforting, inviting place for our patients and their families. The \$2.3 million renovation project will begin fall 2011 with a targeted opening in early 2012. We thank you for your continued interest and support in all of the activities of Horizon listed in this annual report, and welcome your participation in Horizon's new inpatient project!

Please join us!



David Hanold
Chairman



Mary G. Runge BSN, MBA
President

Mission & Organizational Background

Horizon's History

Community leader Ada Addington founded Horizon in 1978 with the help of four dedicated volunteers. Since then, the organization has provided excellent, compassionate care to thousands of patients and has guided numerous families through the process of rebuilding their lives after the loss of their loved ones. Horizon was founded on the principle that all in need should receive the best care possible, regardless of their background or financial situation.

In 2010, Horizon inaugurated its Fellowship in Palliative Medicine, a year-long joint fellowship with the University of Chicago which prepares graduate physicians to sit for the board examination in the subspecialty of palliative medicine.

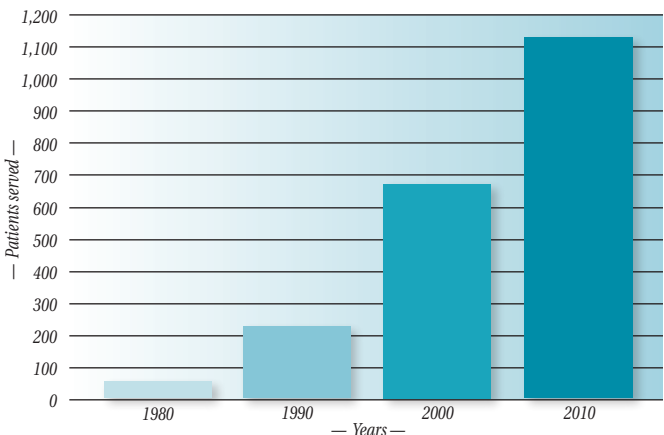
Horizon's Commitment to the Community

Horizon has a long-standing reputation for providing high-quality hospice and palliative care to the culturally and socioeconomically diverse populations of Metropolitan Chicago.

Approximately 24% of Horizon's patients are on Medicaid or are unable to pay for services. Horizon routinely provides services that are unfunded or underfunded by Medicaid, Medicare or private insurance. *The total amount of uncompensated care in 2010 amounted to \$1.3 million.*

Consistently Delivering Quality Care

Horizon's commitment to high quality care is reflected in its steady growth since its founding. In 2010, Horizon admitted 1,119 patients and cared for their families.



Two Sisters Give Lots of "TLC"

Many South Suburban Horizon patients and their families have been fortunate to have volunteers Sister Lucy Nolan and Sister Mary Keusal add some sunshine to their lives. Three years ago, the sisters had recently retired from their church ministries when they noticed a call in the church bulletin for hospice volunteers.

"Both of us have known people who have used hospice," says Sister Mary, "and we decided it would be a great fit for our gifts."

They called the South Suburban Volunteer Coordinator Sandy Schramm, and they have been happily working as a volunteer pair ever since.

The sisters' friendship started in 1969, when both were just starting out as Sisters of Providence of St. Mary of the Woods. Since then, they've



Sister Lucy Nolan and Sister Mary Keusal

grown so close that they often finish each other's sentences. They do just about everything together, including visits to hospice patients and their families.

"People often ask us, 'Are you twins?'" laughs Sister Lucy. "I tell them that we are sisters, just not blood relatives."

Sister Mary chimes in, "The fact is, our gifts fit together. For instance, if a meal needs to be cooked, I'll head back to the kitchen while Lucy will sit down with the patient and family and listen as they tell her how they are doing."

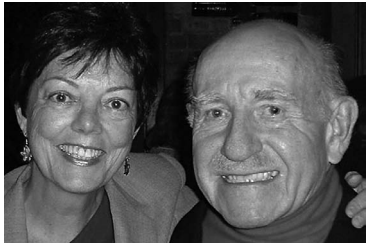
"Of course," says Sister Lucy, "at times, all the patient wants is our company while they watch television. We had a patient who simply wanted us to sit with him while he watched his favorite program each week, and that's what we did."

Whether the task is something as mundane as watching TV, or as profound as sitting with a patient in his or her last hours of life, the sisters welcome the opportunity to be with our families on their hospice journey. Those they work with come to love them.

As Sandy Schramm says of the pair, "many of our patients tell us, 'the sisters aren't 'like' family. They are family!'"

Caring for Bill and Rita

William "Bill" Baker was an extremely intelligent, creative and active man throughout his life. A lifelong Chicagoan and an architect, he designed several important public buildings, including the Cook County Administration Court Building. He had a deep appreciation for art and good music, and a wonderful love affair with his wife, Rita Corley-Baker.



Rita Corley-Baker and Bill Baker

While in his seventies, Bill began experiencing symptoms of dementia. For a few years, Rita was able to care for her husband at home with the help of hired caregivers. Eventually, however, Bill's health deteriorated, and home care seemed impossible. At just the right moment, Rita happened to hear a presentation on hospice. She discussed this with Bill's physician, who agreed that home hospice care would be the best choice for Bill. Horizon nurse Peggy Reth admitted Bill immediately. When Peggy asked what kind of help Rita would like, Rita told her, "As much as you can offer."

Horizon provided Bill with personal care from certified nursing assistants. In addition, Horizon nurses checked in with the couple at least once a week. Social workers and chaplains helped Rita through those difficult months, while Bill benefitted from music therapy.

"Bill loved visits from Rachel Epley, the music therapist," recalls Rita. "She would play jazz and classical music, and sing Irish songs to him. Her music made him joyful."

Bill regained some strength in the ensuing months, but his decline was inevitable. As the time of Bill's death approached, Horizon Chaplain Melinda Nichols sat with Rita. Rachel returned and sang the old song, "Always," for Rita and her family. It had been one of Bill's favorites.

At his memorial, Rachel played "'Tis a Gift to be Simple." Then, as friends and family gathered on the roof of Bill and Rita's building for a balloon release, she played one of Bill's favorite classical pieces. Bill's friends and loved ones were silent as the music and balloons wafted through the air.

With the help of Horizon Bereavement Coordinator Karen Evans, Rita is healing from her loss. She deeply appreciates the tender care she and her beloved Bill received through Horizon Hospice.

HOSPICE CARE

Adults and children with a life-limiting condition, who seek comfort and relief of pain and symptoms, rather than curative treatment, may be eligible for hospice services. To qualify for the Medicare/Medicaid hospice benefit, the patient's attending physician and the hospice medical director must certify that the patient has a likely prognosis of six months or less.

In 2010, Horizon's interdisciplinary teams provided 53,030 days of hospice care to 869 patients.

PALLIATIVE CARE

Palliative care is care directed at providing seriously ill patients with the best quality of life possible through the relief of pain and symptoms, and practical solutions to difficulties encountered specifically as a result of the illness. Palliative care is available to patients who wish to continue curative treatments such as chemotherapy or radiation or whose life expectancy is greater than six months.

One of the few hospice and palliative care organizations in Illinois with the capacity to provide care to seriously ill and dying children, Horizon provided \$333,237 in uncompensated care through its All About Kids program.

In 2010, Horizon's interdisciplinary teams provided nearly 2,866 palliative care visits to 250 patients.



Horizon Benefits the Community 2010

Philanthropic support enables Horizon to provide services for the benefit of the Chicagoland community that are not compensated by Medicare, Medicaid or private insurance.

PROVIDING Comfort and Support

The Horizon **Bereavement Program** supported 869 families, sent 7,994 condolence cards and letters of comfort, made 2,441 phone contacts with surviving family members and provided 860 individual and family counseling sessions.

Horizon's 125 adult **volunteers** served patients and families with 4,206 hours of companionship and support—almost double the percentage of volunteer hours required by Medicare. Volunteers provided Horizon with \$94,635 in donated services in 2010.

More than 1,100 students of the South Suburban **Kids Who Care** program provided over 3,000 hours of companionship and assistance to over 1,400 patients, seniors and people with disabilities.

The **Complementary and Alternative Medicine** Program provided 1,802 sessions of music therapy, art therapy, aroma therapy and massage therapy to Horizon patients.

IMPROVING Access

Horizon helped 53 seriously ill children access medical care. Forty-one of these children enrolled in the **All About Kids** palliative care program. Twelve children were enrolled in pediatric hospice.

Charity care provided comfort and dignity for 52 economically disadvantaged adult patients whose care was not covered by Medicaid, and for hundreds of others with limited financial resources.

BUILDING Relationships

The Horizon **Professional Education Program** trained 181 medical, nursing, counseling and social work students and fellows.

Horizon joined with the University of Chicago Pritzker School of Medicine to initiate the **Palliative Medicine Fellowship**.

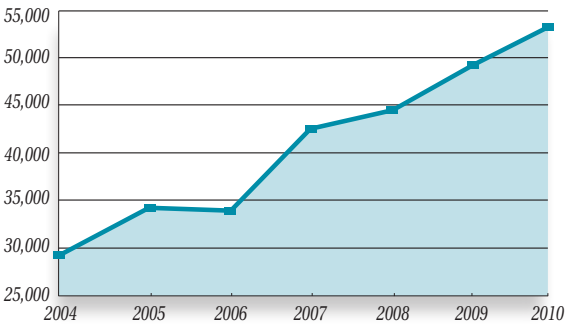
The **Greater Illinois Pediatric Palliative Care Coalition**, a Horizon-sponsored program, educated healthcare organizations and lawmakers as to the importance of Medicaid funding for pediatric palliative care. As a result, the Governor of Illinois signed the Pediatric Palliative Care Act, which will provide palliative care funding for low-income children throughout the state beginning in 2012. The Coalition remains involved in the implementation phase of the Act.

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Financial Charts

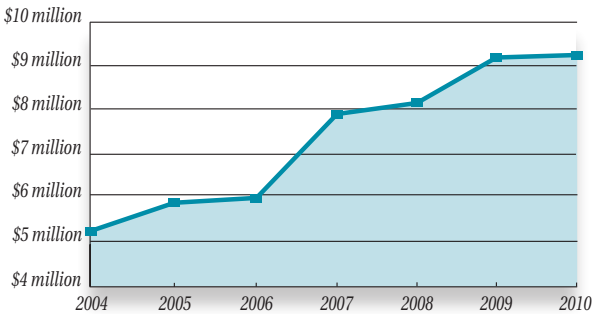
GROWTH

Adult and Pediatric Hospice Patient Days



FINANCIALS

Total Annual Revenue



PATIENT DEMOGRAPHICS

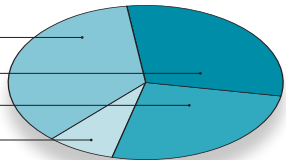
Ethnicity

Caucasian 36%

African-American 30%

Hispanic 26%

Asian and Other 8%

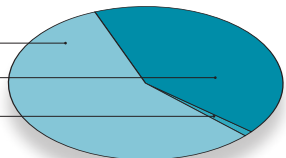


Diagnosis

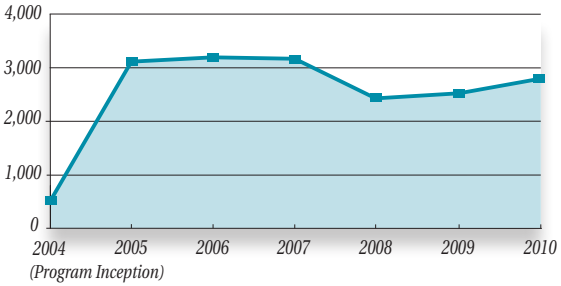
Non-cancer 57%

Cancer 42%

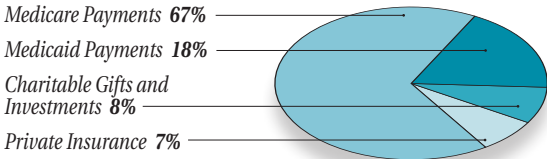
AIDS 1%



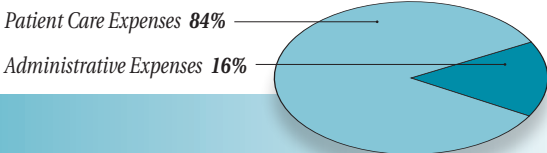
Adult and Pediatric Palliative Care Visits



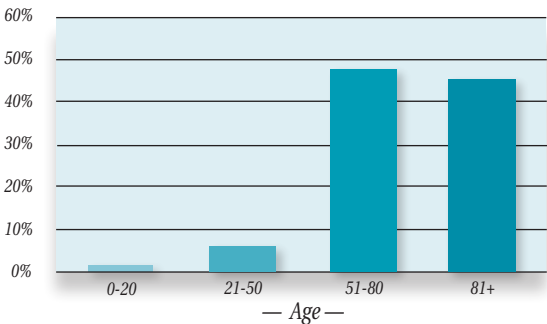
Revenue Sources



Organizational Expenses



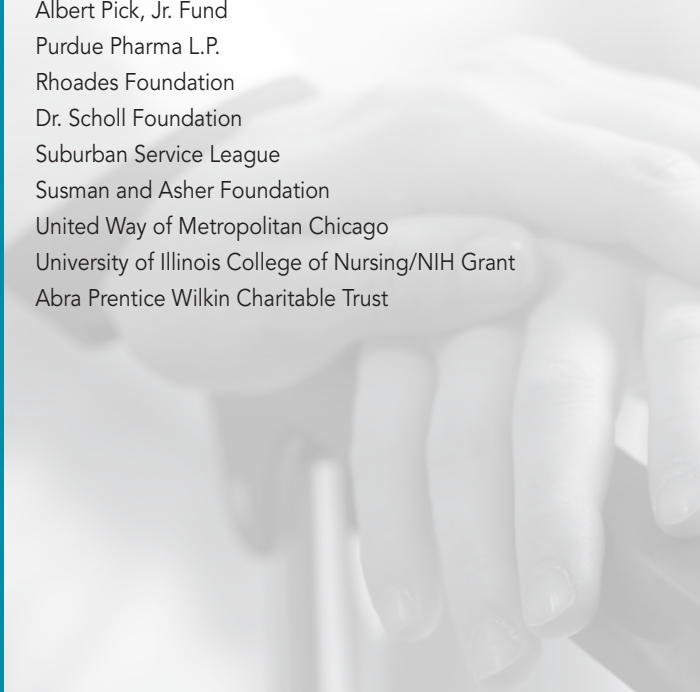
Gender / Age 61% Female 39% Male



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Major Foundation, Trust and Corporate Partners

AdvaCare Systems
Ambulance Transportation Inc.
William Blair & Company Foundation
The Blowitz-Ridgeway Foundation
Helen Brach Foundation
Crown Family Philanthropies
DIFFA/Chicago
Estelle Ecker Foundation
Flossmoor Service League
Foley Family Foundation
Grant Healthcare Foundation
HBB Foundation
Illinois Children's Healthcare Foundation
Kemper Educational and Charitable Fund
Kohl's Department Store
Little Flower Fund
Mazza Foundation
McLean-Fogg Company
Northern Trust Charitable Trust
Oberweiler Foundation
Nancy Allison Perkins Foundation
Albert Pick, Jr. Fund
Purdue Pharma L.P.
Rhoades Foundation
Dr. Scholl Foundation
Suburban Service League
Susman and Asher Foundation
United Way of Metropolitan Chicago
University of Illinois College of Nursing/NIH Grant
Abra Prentice Wilkin Charitable Trust



Board of Directors 2010

Ada Addington, *Founder*
David Hanold, *Chairman*
Sally Downey, *Vice Chairman*
Martha Mabie, *Vice Chairman*
Carol Asher, *Secretary*
John Brodson, *Treasurer*

Eleanor Clarke
Laurie Rosenow
David Shayne
Reverend Monsignor Kenneth Velo
William Wachs

Service Board 2010

Jody Scariano, *President*
Becky Strupeck, *Secretary*
Tom Shenberger, *Fundraising*
Keli Driscoll, RN
Laurie Kosanovich
Phil Kosanovich
Gloria Lippert
Nancy Suppelsa

Management Team

Mary Runge, RN, BSN, MBA, *President*
Joanna Martin, MD, *Medical Director*
Michael Kolbuk, CPA, *Chief Financial Officer*
Licia Chiazim, *Vice President of Development*
Maryellen McGreevey, MSW, LCSW, ACSW
Director of Patient and Family Services
Alex Mamantov, RN, BS, *Clinical Director*
John Stys, RN, MS, MA, *Director of Clinical Education
and Quality Improvement*
Cari Bagcus, *Office Manager*

Mission

Horizon Hospice and Palliative Care, Chicago's first hospice, is a not-for-profit, community-based organization whose mission is to provide comfort for the dying, to preserve dignity at the end of life for all in need of services, and to educate the community.

Contact us:

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